

The Radiant Pearl: Reflection Journal

1. The Radiant Pearl and Sovereign Power

Are there any wounds or armor that have blocked your natural connection to love?

Moving forward, how will you hold your grace amidst struggle?

Staying connected to the wisdom held within your feminine body-what is the grit that has polished your pearl?

2. Feminine Magnetism and the Microcosm

When we are frazzled and disconnected, this ripples from the microcosm into the macrocosm, shaping our experience.

Moving forward, how will you stay connected to your inner world in a way that enhances your feminine magnetism?

How are you tending to your microcosm, and what ripples are you sending into the macrocosm?

3. Crown Chakra: Sovereignty and Divine Connection

The crown chakra represents the union of our inner and outer realms-the meeting point of sovereignty and divine connection.

How does this land for you at this point in your life and journey?

4. Restful Awareness and the Radiant Crown

Reflect on the Yoga Nidra: a journey to restful awareness and the radiant crown.

How did this practice land for you?

If you are working with the yoni egg, describe any sensations or insights you had during the Queen's Pearl yoni egg practice.

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5. Carrying the Radiance Forward

As you complete this journey, how will you carry your radiance out into the world?

Remember, you are the Queen of your own island-connected to all other Queens.

You are the Pearl. You are the Queen.