

Sovereign Pearl Parlor Two

Frequency	Parlor Two Progress Checklist
<input type="checkbox"/>	Sovereign Pearl: Pearl As a Metaphor 7:16
<input type="checkbox"/>	Meditation: Pearl 5:52
<input type="checkbox"/>	Sovereign Pearl: Cycles of Intuition 2:44
<input type="checkbox"/>	Sovereign Pearl: Healing Takes Time 11:45
<input type="checkbox"/>	Yoga Intro: Wading Into the Hips 4:56
<input type="checkbox"/>	Yoga Practice: Wading Into the Waters 58:46
<input type="checkbox"/>	Dance Improv: Hips and Pelvis 4:32
<input type="checkbox"/>	Meditation: Five Senses 10:22
<input type="checkbox"/>	Yoga: Hip Yin Mandala 34:39
<input type="checkbox"/>	Self Care: Dry Brushing 6:51
<input type="checkbox"/>	Yoga: Hot Hips and Shells 10:54
<input type="checkbox"/>	Pranayama: Ladder Breath 4:08
<input type="checkbox"/>	Sensual Care: Breast Massage Pt One 4:16
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